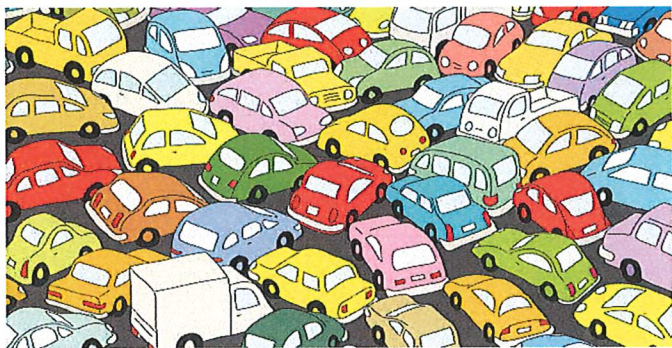


HIGHLAND PARK
ELEMENTARY SCHOOL
NEWSLETTER #6
February 2022

We are now at the half-way point in our current school year. How fast time flies! We would like to take this opportunity to thank all parents and guardians for their diligence in following our school safety plan in regards to picking up their children when they are not feeling well. Read on for further information about what will be happening at our school in February.

Sincerely,

Rob Ellis & Spencer Ward



Parking Lot and Drop-off Lanes

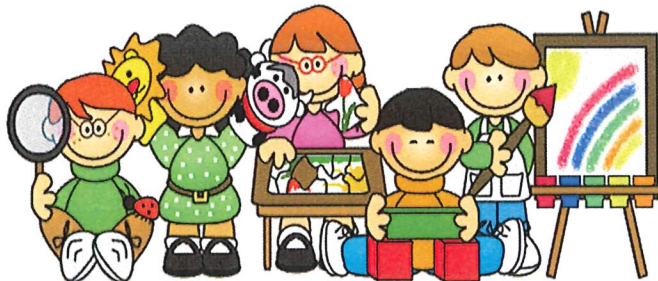
Winter time always complicates the drop off and pick up process at HPE, as most of you know already. We ask that you be respectful of others by not parking in places (snow banks, double-park, etc.) that are going to cause havoc and safety concerns. The IPE parking lot is available to you for parking which does mean a little walk to the school; however, by parking there it does clear up congestion at HPE and makes it safer for our little ones.

GOAL 1 STATEMENT: Math: To improve student success in Math. foundational concepts and skills

GOAL 2 STATEMENT: Writing: To focus on enhancing our students' ability to be proficient in using meaning, style, form and conventions when writing.

Kindergarten Registration

Kindergarten registration for the 2022-2023 school year took place in October but we are still open for those who have not yet registered their child for the upcoming year. If you know of someone who has a soon-to-be kindergarten aged child and they have not yet registered, please let them know to visit the office to fill out the paper work.



Library

HPE students are reading a lot of books! It is great to see students of all levels so interested in picking new books every week. Unfortunately, we are getting several books returned to the library with water damage. Weather, wet clothing and leaking water bottles are not good for books!. If you haven't already, now is a great time to get a large zip lock bag for your child's library books. It really helps to have the books in a plastic bag in their backpacks as we cannot put water damaged books back on the shelves so replacement fees must be paid for the books.



On another note, February 2nd is "World Read-a-loud Day" and February 17th is "I Read Canadian Day"! We regularly promote Canadian Authors and illustrators in library lessons and will encourage students to pick a Canadian book to read during that week.

SD83 Family Literacy Games Night

All K to 5 families are invited to participate in a virtual **Family Literacy Games Night on Wednesday March 9th!**

Participating families will receive a free Family Literacy Kit (includes letter tiles, word cards, dice, and game boards) to use during the session, as families learn fun ways to support literacy skills at home.

Interested families must **register by Tuesday, February 15th** so the kits can be ordered and sent home with students prior to the March 9th session. A huge thanks to LASS (Literacy Alliance of the Shuswap Society) for their financial support and partnership with this event.

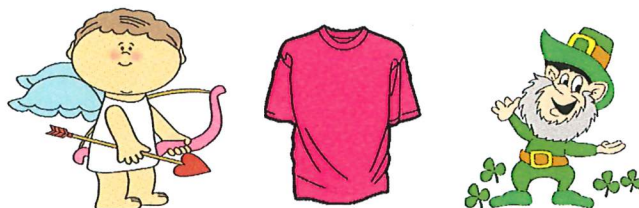
Registration deadline: February 15th

link: <https://forms.office.com/r/8Pve8nyGid>

* Zoom link and Family Literacy Kits will be sent home prior to the session

Spirit Day(s)

Our students and staff spread school spirit and build community with various special "dress-up" Spirit Days throughout the year. In the coming weeks, we will have Red and White Day for Valentine's (Feb. 14), Pink Shirt Day for Anti-Bullying (Feb. 23), Green, Gold and Rainbows for St. Patrick (Mar. 17), and PJ's (Mar. 18). Join in the fun!



BC SPCA Humane Education Program

The BC SPCA's mission is to protect and enhance the quality of life for domestic, farm and wild animals in B.C. Kids and parents will be able to find information on the BC SPCA's programs for youth at:

spca.bc.ca/for-kids-teens

Programs include the Kids Club, SPCA school clubs, virtual and in-person workshops and our popular summer camps. What's more, families can get access to a library of Learn at Home activities specially designed by the Humane Education team to teach kids about animals and important animal welfare issues.



Come spend a virtual evening playing a wide variety of literacy games! Each registered family will receive a **FREE** packet of literacy games and a Family Literacy kit (includes letter tiles, cards & dice) to play along with the presenter. Bring your best energy! Prizes will be awarded for participation!

Benefits for Kids:

A fun way to review and strengthen basic literacy skills at home!

Children who are secure in their literacy will grow in self-esteem and have greater success in school

Benefits for Parents:

A motivating, simple and economical homework support that reinforces concepts taught in school

Your presenter will provide you with many strategies and tips to help your child with literacy

Games Reinforce:

- Spelling
- Reading
- Alphabet Recognition
- Phonics
- Vocabulary
- Sight Words

Wednesday, March 9th, 2022

K - Grade 2: 6:00 - 6:40 PM Pacific Time
Grades 3 - 5: 6:45 - 7:30 PM Pacific Time

WHEN:

WHERE:

ZOOM WEBINAR - Meeting info will be forwarded to participants upon registration

RSVP To:

<https://forms.office.com/r/8Pve8nyGid> **By:** Feb 15th, 2022

Box Cars and One-Eyed Jacks
P 1-855-342-3155
P 750-440-6204
F 750-440-1619
info@boxcarsandoneyedjacks.com



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Important Dates

- Feb. 14 Spirit Day: Red & White
- Feb. 17 Div. 1, 2, 3 @ Silver Star
- Feb. 18 Regional Pro-D Day
- Feb. 21 Family Day Holiday
- Feb. 23 Pink Shirt Day
- Feb. 25 Report Cards Distributed
- Mar. 10 Div. 1, 2, 3 @ Silver Star
- Mar. 11 Pro-D Day
- Mar. 17 Div. 1, 2, 3 @ Silver Star / Spirit Day: St. Patrick
- Mar. 18 Last Day before Spring Break / Spirit Day: PJ's

Updated Daily Health Check

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities.

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

January 2022



What to Do If Someone In Your Household Is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

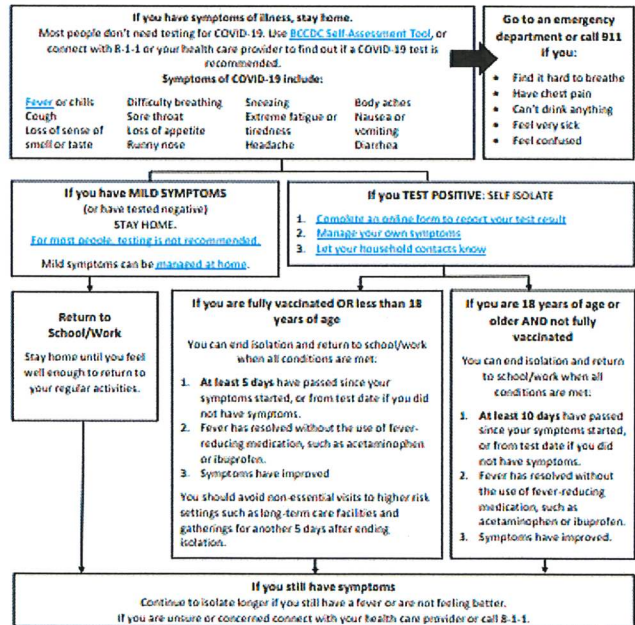
Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

This information is adapted from the BC Centre for Disease Control. For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

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Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: getvaccinated.gov.bc.ca

At Highland Park Elementary, we believe:
Respect of self, others, and property
Responsibility for actions and decisions
Right to enjoy lifelong learning

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