



the office are informed before they leave. Your cooperation and understanding are appreciated.

**Office Phone**

Please remember that the phone in the office is for emergency calls only, not for making after school arrangements. After school arrangements are to be made the day before, and students are not permitted to ride on buses they are not registered for in order to go to a friend's house. Your understanding is appreciated.



**Student Supervision**

Morning supervision begins once the first bus arrives (7:30). Students who do not come to school by bus should not arrive before this time. After school supervision is at the front of the school only, until the buses leave. For safety reasons, students *should not* wait for parents at the back playground. Please meet your children at the front of the school where supervision is provided. Please keep in mind that the school is responsible for your children from the time they leave home for school until they return home after school. Literally, "from fence post to fence post". For this reason, it is important that all students, bussing or walking, **go directly home after school**. If they wish to return to the school to play **after checking in at home**, it is up to parents to make that decision. Once the buses have gone, there is no supervision at the school and the doors are locked. Please be vigilant about teaching your children about safety to and from school. They should always walk with a buddy or a small group, and ensure that your child knows to go directly to and from school without pit stops or detours.



**Goal Setting Conferences**

This year we are trying something different for Goal Setting Conferences which take place from 8:00am-2:00pm (and possibly longer if staff make themselves available) on Wednesday, October 26<sup>th</sup>. Students will not attend school at all that day, so **parents and teachers can meet** to set goals. Parents can sign up online to secure a 15-minute conference time starting Oct. 17 until Oct. 25, through Parent Connect.



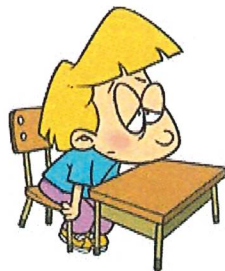
The September school start-up was quite busy and a little different than other years, with several changes, but we are well on our way now! We'd like to thank our staff for all their hard work and caring dedication supporting our students and families last month. We would also like to thank our parent community for being so understanding and flexible!

It was awesome to see all the families that were able to attend our Welcome Back BBQ, as well as the increased number of parents who attended our first Parent Advisory Council (PAC) meeting on September 21st. Please read on for some reminders and details about the amazing October events and activities we have planned at HPE.

Mr. Ellis (Principal)                      Mr. Ward (Vice-Principal)

**Student Health**

Just a reminder that families are responsible for their child's health check in the morning prior to school. Health checks will not be performed by teachers, but students showing any symptoms of sickness may be sent home. This is especially important as we approach Cold and Flu season. The health of our students and staff are very important for the effective functioning of our school and for optimal learning to occur on a daily basis. Your cooperation is appreciated.



**Student Attendance**

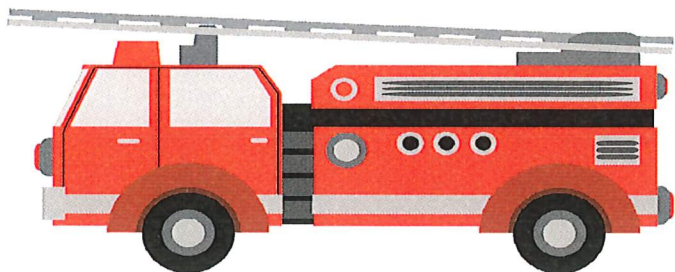
*Arriving or Leaving During Class Time:* For safety reasons, it is important that the school knows at all times where children are, especially when classes commence. **Therefore, students who arrive at school after the bell need to be sure to check in at the office and also make their teacher aware that they have arrived.** Parents picking a child up early are asked to ensure that the teacher and

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### Fire Prevention Week

A reminder that October 9<sup>th</sup> to 15<sup>th</sup> is Fire Prevention Week. Information was emailed to parents last week. There will be no assembly this year, rather our local firefighters will be doing presentations in the classroom.



### Halloween Safety

Keeping children from going bump in the night is an important safety concern on Halloween. Some safety tips you may want to consider are:

- Most Halloween injuries are caused by falling – use of appropriate masks and costumes can prevent some injuries
- Masks and sunglasses narrow children’s line of sight and can make it difficult to see obstacles. If your child is wearing a mask, make certain (s)he can see well and breathe easily
- Select brightly-coloured costumes that are fire retardant and attach reflective tape on areas or use glow-in-the-dark fabrics or fabric paint
- Dangling accessories can get snagged
- Don’t allow your children to carry sharp objects, candles, or other dangerous accessories as part of their costume. Try to substitute alternative accessories for older children, and for younger children, encourage free hands
- Have children walk in familiar areas on a planned route. Equip them with flashlights or glow sticks
- Children should be warned to stop only at houses with lights on and should be firmly instructed not to go inside **any** home without specific permission from parents



### Allergies and Medication

We have students in our school who have severe nut allergies. Please be sensitive to this when you are choosing items for your child’s lunch. If your child has a severe allergy, please let the office staff and your child’s teacher know immediately. An epi-pen or other medication needs to be provided for the school and a **Request for Administration of Medical/Emergency Treatment of Anaphylaxis form** needs to be filled out by your child’s physician and signed by you. Both of these forms can be picked up at the office.



### Bicycles and Wheels

Students need to lock their bicycles when they are at school. Bicycles and scooters are to be **walked** on the school grounds from Wood Avenue to the bicycle racks and are not to be used during the school day. Scooters can be taken directly into the school for storage during the day. As the year progresses, there will be opportunities for bicycle use on the school grounds. Students must wear a helmet if they are riding a bike or scooter. If students arrive without a helmet, their bike or scooter will be held at the school for them until they have a helmet. As a safety measure, very young students should be accompanied by an adult if they are riding their bike or scooter to school.



### School Pictures

A reminder that school picture day will be on Thursday, October 20<sup>th</sup>. Picture retake day will be on Tuesday, November 8<sup>th</sup>. Division pictures will once again be held in the Spring. TBD at a later date.

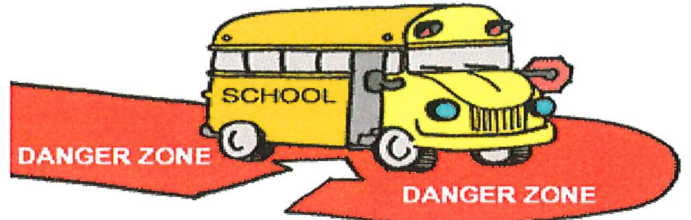


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**NOMHA "First Shift" Hockey Program**

Is your child between the ages of 6-10, and for one reason or another, never had the opportunity to play our great game of hockey? Introducing THE NHL/NHLPA FIRST SHIFT designed to help kids fall in love with hockey before you buy all the gear. Our six-week learn to play program focuses on having fun while learning basic skills. Registration is only \$229, and includes head to toe Bauer equipment. For more information or to register - [www.firstshift.ca](http://www.firstshift.ca) Proudly hosted by the North Okanagan Minor Hockey Association.



**School Bus Safety**

School District No. 83 bus drivers take student safety very seriously. We would like to remind students, parents and staff about the 'Danger Zones' around a school bus. When school is opening in the morning and closing in the afternoon, it is a busy and crowded area. There are children being dropped off or picked up by either school buses or parents. We ask that all pedestrians cross the parking lot at designated crosswalk areas and NOT in between the school buses. Bus drivers cannot see you if crossing in the 'Danger Zone'.

***Thank you for helping to keep our students safe!***

**CANSKATE Skating Program**

Does your child want to learn skating skills, but is not ready for hockey? The Armstrong Enderby Skating Club is hosting CanSkate sessions.

**Important Upcoming Dates**

- Mon. Oct. 10: Thanksgiving Holiday
- Tues. Oct. 11: Kindergarten Registration Opens
- Wed. Oct. 12: PAC Meeting 2:45pm
- Thurs Oct. 20: Student Photos (AM)
- Fri. Oct. 21: Pro-D Day
- Wed. Oct. 26: Student Conferences
- Fri. Oct. 28: Cultural Performance
- Mon. Oct. 31: Halloween

**COME SKATE WITH US**  
CLASSES START OCT 3, 2022

**PRE-CANSKATE & CANSKATE**

- Pre-CanSkate - Mondays from 2:45 to 3:15 pm
- CanSkate - Mondays from 4:45 to 5:30 pm
- CanSkate - Thursdays from 5:00 to 5:45 pm

**BALANCE, CONTROL, AGILITY - START THEIR SKATING FOUNDATION WITH US**

CANSKATE is Skate Canada's nationally standardized learn-to-skate program. Led by Skate Canada Certified coaches and designed for beginners of all ages, the program focuses on basic skill development in an energetic, progressive and fun atmosphere.

As Canada's official learn-to-skate program, CanSkate provides a pathway for skaters to enjoy skating recreationally, or go on to participate in ice sports such as figure skating, hockey and ringette.

**REGISTER TODAY**

WWW.ARMSTRONGSKATINGCLUB.COM  
ARMSTRONGSKATINGCLUB@GMAIL.COM

**At Highland Park Elementary we believe:**

- Respect of self, others, and property*
- Responsibility of self, others, and property*
- Right to enjoy lifelong learning*



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